



Save Your Children from a Life of Weight-Related Illnesses

**Teach Them Healthy
Habits for Life
Starting at an Early Age!**

**Now You Can Present Fun-Filled,
Multi-Media Performances That
Provide Important Lifestyle Messages
To Children and Their Parents From Two
Professionals Who Know Children's Issues.**



Roscoe Orman

a.k.a. Gordon on *Sesame Street*

Three generations of American children grew up watching him as Gordon on *Sesame Street*. A father, grandfather, and author of the book "Sesame Street Dad" Roscoe shares his stories about healthy lifestyles ... the *Sesame Street* way!

Mary Anne Cappellino

A fitness expert for more than 20 years, Mary Anne wrote the book "Move Me" after teaching thousands of people, from toddlers to grandparents, that living a healthy lifestyle doesn't have to be a chore.



Available Starting January of 2007!

For More Information

Call Steve Reszka of Reszka & Associates

716-632-8070

e-mail: steve.reszka@verizon.net

Roscoe and Mary Anne Offer Highly Interactive Shows

Jump Jiggle & Jog

Targets children 2-9 and their parents with the goal of making health and fitness fun! Roscoe carries on the *Sesame Street* tradition of healthy living messages using songs and dances from the show. And you never know what muppets may have a special message for the kids during this 60-minute multi-media experience. Meanwhile Mary Anne starts it off by getting them out of their seats and, using humor, teaching them how to get active and stay active.

Sprout Healthy

Targets the parents of children 2-9 teaching them how to provide the positive reinforcement their children need to get off the couch and get active. Roscoe shares tales from both *Sesame Street* and his long acting career to keep yourself motivated and a fit role model for your children. Mary Anne humorously interweaves tales from her fitness career with specific hands-on ways to teach children how to be healthy.

